



BlueCross BlueShield of Alabama

Media Release
September 24, 2018

Contact: Koko Mackin
205-220-2713

Blue Cross and Blue Shield of Alabama Announces No Rate Increases for C Plus Medicare Select Plans

BIRMINGHAM, AL. - Blue Cross and Blue Shield of Alabama is pleased to announce for the third consecutive year, C PlusSM members will not see a premium increase on their 2019 C Plus Medicare Select Plans - the eleventh year since 2002 that C Plus members have had no premium increase.

Blue Cross' C Plus Medicare Select Plans help pay for eligible out-of-pocket expenses not paid by Medicare. In Alabama, C Plus members have access to Blue Cross' comprehensive network of more than 10,000 doctors and 111 Alabama hospitals.

C Plus members receive additional health and wellness benefits including:

- Free Silver Sneakers[®] fitness membership
- AirMed transportation service
- 24-hour nurse hotline
- TruHearing[™] & Beltone[™] hearing discounts

Blue Cross has offered C Plus to Medicare-eligible Alabamians since Medicare began in 1966. For over 50 years, C Plus members have had the freedom to choose any doctor, specialist or hospital without a physician referral. Blue Cross and Blue Shield of Alabama remains committed to providing our members access to quality, affordable healthcare.

To be eligible for C Plus, individuals must have both Medicare Parts A and B and live in Alabama. For more information, go to bcbsalmedicare.com.

About Blue Cross and Blue Shield of Alabama

Blue Cross and Blue Shield of Alabama has insured Alabamians for 82 years. Blue Cross offers coverage plans to corporations, individuals and the senior market. For more information about Blue Cross, visit AlabamaBlue.com. Connect with us on [Facebook](#), check out our videos on [YouTube](#) and follow us on [Twitter](#) for more up-to-date information.

Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.